



Promising Practices and Model Programs

Trauma-Informed Approaches to
Working with Survivors of
Domestic and Sexual Violence
and Other Trauma

Promising Practices Project

The goal: To gather information about how DV programs conceptualize what it means to be trauma informed





Interviews

We conducted telephone interviews with 45 programs between June 2013 and August 2014

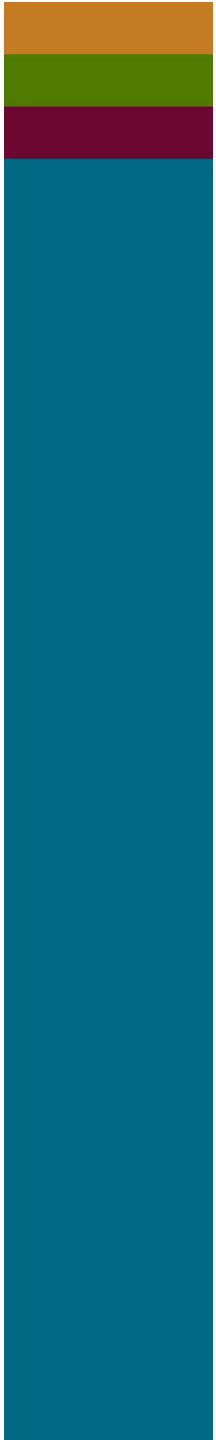
- 30 were domestic & sexual violence programs
- 15 programs support refugees and/or survivors of torture (Mary Fabri, PsyD)



Interviews collected information about:

- How programs understand trauma and what it means to be trauma informed
- Aspects of trauma-informed services that are especially meaningful to survivors
- Advice or lessons learned in becoming more trauma informed

How did we
identify programs?





Five key components of doing trauma-informed work

- Carefully listening to what survivors and staff share about trauma and healing
- Responsive service environment
- Providing information about trauma and healing
- Ongoing commitment to creating a more trauma-informed organization
- Ongoing commitment to staff well-being



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NATIONAL
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Promising Practices and Model Programs Report:

<http://www.nationalcenterdvtraumamh.org/publications-products/promising-practices-and-model-programs/>

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