

NATIONAL Center on Domestic Violence, Trauma & Mental Health

Promising Practices and Model Programs: Trauma-Informed Approaches to Working with Survivors of Domestic and Sexual Violence and Other Trauma Webinar


Introduction

Carole Warshaw, MD
National Center on Domestic Violence, Trauma & Mental Health
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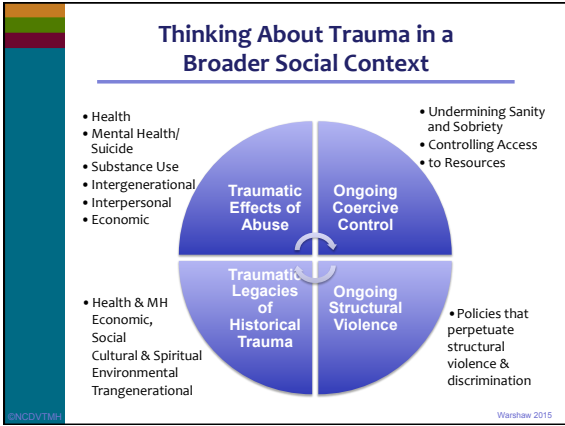
National Center on Domestic Violence, Trauma & Mental Health: What We Do

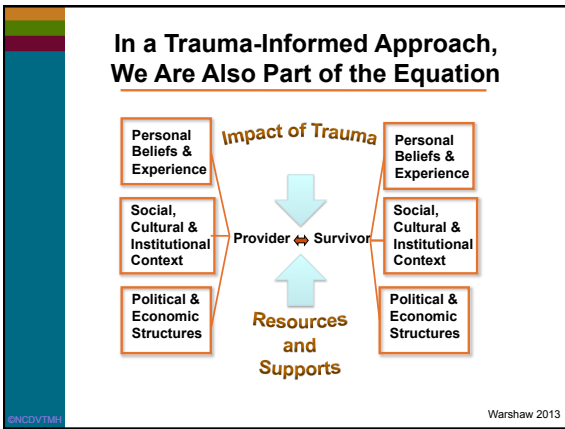
- **Improve program and system capacity** to serve domestic and sexual violence survivors and their children experiencing a range of trauma, mental health & substance use-related needs
- **Foster the development of culturally relevant responses** to the range of issues survivors face in trying to free their lives of violence and heal from its traumatic effects
- **Contribute to building an evidence base** for culturally relevant, trauma-informed and trauma-specific DV/SV work
- **Engage in policy analysis and development**
- **Provide an integrated trauma/social justice framework** for addressing these complex issues at the individual, program, system and policy levels

But first, take a moment...




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- ### An Accessible, Culture-, DV/SV-, and Trauma-Informed, Social Justice Approach:
- **Recognize the pervasiveness & impact of trauma**
 - On survivors, on staff, on organizations, on communities
 - **Minimize retraumatization**
 - **Counteract the experience of abuse:** Attend to potential trauma reminders: Relational, environmental & programmatic aspects
 - **Facilitate healing, resilience and well-being**
 - **Mitigate and transform the effects of abuse:** Trauma-informed, trauma-specific and culturally resonant interventions
 - **Ensure organizational commitment, staff supports, and community & survivor partnerships**
 - **Address social conditions that perpetuate abuse, trauma & oppression**
- ©NCDVTMH | Harris & Fallot 2001, NCDVTMH 2009



Being trauma informed means embodying in our own practices and institutions the world we want to create

Warshaw 2009




NATIONAL Center on Domestic Violence, Trauma & Mental Health

Heather Phillips, MA
Carole Warshaw MD

29 E. Madison St., Suite 800
Chicago, IL 60602
P: 312-726-7020
TTY: 312-726-4110
www.nationalcenterdvtraumamh.org
hphillips@ncdvtmh.org
cwarshaw@ncdvtmh.org
Twitter: @ncdvtmh

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NCDVTMH Resources

- Promising Practices and Model Programs Report:
<http://www.nationalcenterdvtraumamh.org/publications-products/promising-practices-and-model-programs/>
- Resources for Advocates on Trauma-Informed Practice
<http://www.nationalcenterdvtraumamh.org/publications-products/resource-for-advocates/>
- A Systematic Review of Trauma-Focused Interventions for Domestic Violence Survivors:
<http://www.nationalcenterdvtraumamh.org/publications-products/ncdvtmh-review-of-trauma-specific-treatment-in-the-context-of-domestic-violence/>
- Mental Health and Substance Use Coercion Surveys Report
<http://www.nationalcenterdvtraumamh.org/2014/09/mental-health-and-substance-use-coercion-surveys-report-now-available/>
- Trauma in the Context of Domestic Violence: An Integrated Framework
<http://www.nationalcenterdvtraumamh.org/2014/10/ncdvtmh-guest-edits-special-issue-of-synergy-in-honor-of-dv-awareness-month/>
- Tips for Supporting Children and Youth Exposed to Domestic Violence:
http://www.nationalcenterdvtraumamh.org/wp-content/uploads/2012/05/Tipsheet_Children-Exposed_NCDVTMH_May2012.pdf
- Trauma-Informed Legal Advocacy (TILA) Project:
<http://www.nationalcenterdvtraumamh.org/training/trauma-informed-legal-advocacy-tila-project/>
