


Promising Practices:
Working with Survivors Affected by Substance Abuse

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Presented by
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And
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Before We Begin, Please Note:

- Hearing a discussion about domestic violence, sexual assault, and substance abuse can be triggering.
- Webinar participants are encouraged to turn down the volume or take a break if necessary.
- If additional help is needed, we encourage you to debrief with a trusted individual.
- Ancillary trauma resources are also provided at the end of this PowerPoint.

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Goals

- This webinar will share lessons learned from the ISP's trauma-informed commitment to improve service delivery through research, agency education, technical support, and the facilitation of collaboration between service providers.
- This webinar will offer tips and strategies to help attendees enhance safety and sobriety services for survivors of DV/SA.

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Trauma-Informed Service Providers

- Support physical and emotional safety
- Listen to a survivors' stories and validate their experiences
- Bear witness and understand context
- Help survivors identify options and choices
- Offer opportunities for connection
- Are worthy of trust

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“Our Work is Rooted in the Experience of Survivors”

- The Integrative Services Project was born out of the promise made to women participating in UNI research: their stories would make a difference in services provided.

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Please Welcome UNI-ISP Staff

- Barb Rindels, Domestic Violence Advocate
- Megan B. Jones, LISW, CADDC

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Iowa Integrated Services Project



www.ispia.org/index.php

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7

A Few Resources



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8

SAFE – Dillingham, Alaska SISTR Program

(Safety In Sobriety Through Recovery)

Women can come and live at the SAFE shelter in Dillingham w/children while in treatment

- **MOMS's Program (Maintaining Our Mother's Safety and Sobriety)**
 - Day and Evening child care for children whose parents/custodians are in treatment or aftercare
- **EVOLVE Program (Ending Violence in Our Lives through Validation & Empowerment)**
 - This is a 12 week course, meeting every Monday and is for women only. Dinner, transportation and childcare is provided for women attending this program

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9

The Heart of The Grizzly



**Safe and Fear Free Environment (SAFE) -
Dillingham, Alaska [http://
www.besafeandfree.org/index.html](http://www.besafeandfree.org/index.html)**

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**Washington State Coalition
Against Domestic Violence**

- Women In Recovery Caucus
- Model protocol and training tools for women with substance use issues and other disabilities
- Fatality Review Project
 - *Honoring Their Lives, Learning from their Deaths* (2000)
 - *Tell the World What Happened to Me* (2002) *Every Life Lost is a Call for Change* (2004)
 - *If I Had One More Day...* (2006)

(Note: alcohol and other drug, mental health and suicide issues noted in fatality review reports are indexed at the WSCADV website)

Contact: <http://www.wscadv.org/>

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BC Society of Transition Houses

- [Reducing Barriers to Support for Women Fleeing Violence](#): A Toolkit for Supporting Women with Varying Levels of Mental Wellness and Substance Use
- [Discussion Paper](#): A research-based discussion paper outlining the links between violence against women, mental wellness and substance use, barriers to service for women, barriers to providing support to women, components of best practices for supporting women
- <http://www.bcsth.ca/>

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Alaska Network on Domestic Violence and Sexual Assault (ANDVSA)

- **Responding to Multi-Abuse Trauma**
- **Getting Safe and Sober: Real Tools You Can Use** - A Teaching Kit For Use With Women Who Are Coping with Substance Abuse and Interpersonal Violence and Trauma
 - Available in English and Spanish Versions
- Provides 16 weeks of support groups, model protocols, screening tools and other resources for advocates, substance abuse professionals, mental health and health care providers.
- www.andvsa.org or 907-586-3650
- See also: www.nationalcenterdvtraumamh.org

13

Trauma Resources

- Sidran Foundation (www.sidran.org)
- Ohio DV Network(www.odvn.org)
- National Center for PTSD (www.ptsd.va.gov/)
- National Child Traumatic Stress Network (www.nctsn.org)
- International Society for Traumatic Stress Studies (www.istss.org)
- International Society for the Study of Trauma and Dissociation (www.isst-d.org)¹⁴

NCDVTMH Literature Review Page Link

www.nationalcenterdvtraumamh.org/publications-products/ncdvtmh-review-of-trauma-specific-treatment-in-the-context-of-domestic-violence/

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